



YELLOW DOVE AUSTRALIA
CONNECTING COMMUNITIES TO AUSTRALIA

Project Summary: Timor Leste Community Education Project

Objectives:

Yellow Dove Australia embarked on a successful 10-day mission to Timor Leste, delivering First Aid & CPR training across Dili, Tibar, Gleno, and Arturo Island. This cultural immersion and community education initiative, made possible through funding from the Wanless Family Fund via the Australian Communities Foundation, this funding of \$15,000 including Yellow Dove Australia's \$2,000 contributed to:

- Provided essential lifesaving First Aid & CPR skills to local communities.
- Strengthen community independence and emergency response capabilities.
- Equip local organisations with the necessary tools for ongoing safety and health practices.
- Foster cultural exchange and build mutual understanding through immersive engagement with the Timorese community.
- Travel Arrangements
- 6x Remote First Aid Kits
- Training Materials (Print Out)
- CPR Pocket Masks



Outcomes:

- Training Reach: 175 Timorese individuals were trained, with 99% experiencing First Aid and CPR training for the first time.
- Increased Confidence: Participants reported improved knowledge, confidence, and crowd management skills in responding to emergency situations.
- Equipment Distribution: Each participating organization received a remote first aid kit, and every individual was gifted an emergency pocket mask to further empower the communities with tools for emergency response.
- Positive Community Impact: The project significantly raised awareness about the importance of emergency care, resulting in increased enthusiasm for further community education efforts.

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Data:

- Total Participants Trained: 175 individuals.
- Percentage of First-Time Trainees: 99%.
- Training Locations: Dili, Tibar, Gleno, Arturo Island.
- Equipment Distributed: 1:6 remote first aid kit per organisation, 1:6 inflatable CPR manikin per organisation, 175 emergency CPR pocket masks for individual participants.

Results from Survey	Percentages
How satisfied are you with the training program? - Oinsá ita-boot satisfeitu ho programa formasaun nian?	100%
Were the skills you learned beneficial? - Abilidade sira ne'ebé ita-boot aprende fó benefísiu ka lae?	90% - Extremely Beneficial 20% - Very Beneficial
Do you think the skills learned could help you save a life? - Ita-boot hanoin katak abilidade sira ne'ebé aprende bele ajuda ita-boot salva ema nia moris?	70% - Very Possibly 30% - Possibly
Do you know other people that would want to do the training? Select all that apply. - Ita-boot hatene ema seluk ne'ebé hakarak halo formasaun? Hili hotu ne'ebé aplika	81.82% - Yes, Family 45.45% - Yes, Friends 31.82% - Yes, Colleagues
Would you want to attend the training again? - Ita-boot hakarak tuir fali formasaun ne'e?	70% - Definitely 30% - Probably
What made you come to the training? - Saida maka halo ita-boot mai iha formasaun?	The main answer was: - "Because I want to help save a life". - "I want to learn skills to help when there is an accident".
Do you feel more confident to give help after the training? - Ita-boot sente fiar-an liu atu fó ajuda hafoin treinamentu?	100% - Yes
Do you have any feedback about the training? - Ita-boot iha feedback ruma kona-ba formasaun?	The main answer was: - "I hope this training continues". - "We need more training and awareness in our communities like this".

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Future Project Extension:

Given the overwhelming success and positive feedback from the community, Yellow Dove Australia is eager to extend this initiative. We are planning:

- First Aid & CPR training programs to build on the foundational skills already provided, by continuing this project to educate more people, over a longer timeframe.
- Emergency response team development, focusing on local leadership in safety management.
- Health education sessions integrated with future First Aid training, focusing on hygiene practices and illness prevention.
- Job creation and sustainability by providing 'Train the Trainer'; training Timorese people to become certified trainers in First Aid & CPR, empowering them to train others in their communities.



To further expand our First Aid and CPR Community Education project, we are actively seeking additional funding and support to sustain these efforts, acquire more equipment, and extend the project to reach even more communities across Timor Leste.

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Thank You:

This project would not have been possible without the generous support of our partners and contributors:

- Penny Hodgers & Royal Life Saving Society – New South Wales for their access to essential training equipment, including Resus Anne manikins.
- Dr Shayne Baker OAM & Commonwealth Lifesaving Federation for providing training materials.
- First Aid Kits Australia for their assistance in providing discounted remote first aid kits.
- HANDS Early Learning and Education Programme, especially Mana Lucia and Mana Miranda, for their unwavering support in organising training venues, meals, and transportation.
- Nasian Yazdani in Tibar for allowing us access to his families home, local students and local villagers who participated in the project.
- Instituto Universitário Naroman Esperansa (IUNE) in Gleno for their hospitality and access to their facilities.
- Laura Gurowski, for her exceptional dedication as a Yellow Dove volunteer, immersing herself in the community and contributing to the project's success.



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Project Summary:

The Timor Leste – Community Education Project was a resounding success, fulfilling its mission to provide critical First Aid & CPR skills while building a strong connection between Yellow Dove Australia and the Timorese community. Over the course of 10 days, 175 participants from Dili, Tibar, Gleno, and Arturo Island were trained, with 99% experiencing First Aid and CPR training for the first time. This life-saving knowledge not only enhanced the participants' confidence and competence in emergency response but also empowered them to take charge of their community's safety and wellbeing.

Through the generous contributions from our supporters, each participating organization received a remote first aid kit, and every individual was equipped with an emergency pocket mask to ensure they were prepared to act in critical situations. These resources, combined with follow-up support, have strengthened local capacity for emergency response and left a lasting impact on these communities.

The success of this initiative goes beyond just skills training—it fostered cultural exchange, built trust, and deepened our relationship with the Timorese people. By immersing ourselves in their daily lives and understanding their unique challenges, Yellow Dove Australia has laid the foundation for future collaborations.

Commitment to Long-Term Change in collaboration with Local Timorese People:

Yellow Dove Australia remains committed to furthering its projects of empowering communities through education and skill-building. We are eager to continue working with local leaders, organisations, and community members in Timor Leste to create sustainable, long-term change. By scaling this project and seeking additional funding and support, we aim to reach even more individuals and make a lasting impact on the safety, health, and wellbeing of the Timorese people.

This project is just the beginning of what we envision as a long-term partnership with the communities of Timor Leste, and we look forward to seeing these efforts grow and evolve in the coming years.



Warm regards,

Ryan Chapman

Founder and Director

Yellow Dove Australia

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